

No Need to be Awkward: Disability Etiquette for Everyone!

Will begin at 12:30pm EDT

TransCen, Inc.

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Listening to the Webinar (cont.)

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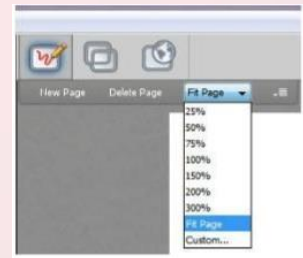
Real-time captioning is provided; open the window by selecting the “CC” icon in the AUDIO & VIDEO panel

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Customizing Your View

Resize the whiteboard where the presentation slides are shown to make it smaller or larger by choosing from the drop down menu located above and to the left of the whiteboard; the default is “fit page”



Customize Your View continued

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Technical Assistance

If you experience technical difficulties

- Use the CHAT feature to let us know
- E-mail Inquiries@transcen.org
- Call 301-424-2002

Archive

- This webinar is being recorded and can be accessed within a few weeks
- You will receive an email with information on accessing the archive

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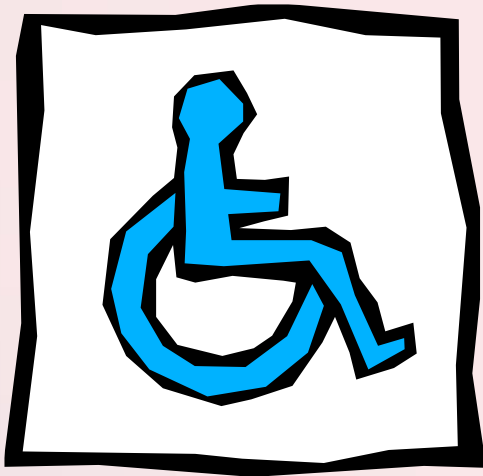


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Major barrier is not the disability itself...

1. What we do not know about the disability (fear of the unknown)
2. What we think we know about the disability (ignorance)
3. Pain/discomfort (attitude)

Remember...



- Disabilities come in numbers of ONE
- “Disability” is the only minority group that you can become a member of at any point during your life

ADA Trainer Network
Module 2d

Empathy not Sympathy:

**Interacting Respectfully with
People with Disabilities**




Cornell University

12



National Network
*Information, Guidance and Training on the
Americans with Disabilities Act*



Think about what you have been taught about, and how you view, people with disabilities. . .

Empathy vs. Sympathy





The Human Experience of Disability

We are not...

- Tragic or pitiful
- Helpless
- Angry or vengeful
- Stoic or brave
- Trying to be inspirational
- All alike

We are individuals who...

- Do things a little differently
- May see our disability as a part of our self identity
- Have the same needs, desires, talents, as others and deserve the same access to opportunities



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14



Communication: the Basics

Disability-First Language:

- Draws attention to limitation and weakness
- Defines the person as their disability
- Draws attention to stereotype

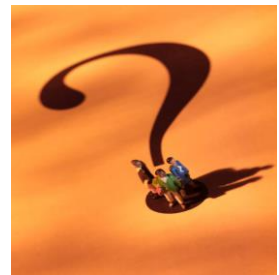
People-First Language:

- Focuses first on the person, not their disability
- Focuses on their ability and not their disability
- Draws attention to the unique individual



Is it OK to Help?

It is okay to *ask the person* if they would like assistance and *to let them tell you how you can help.*



General Considerations

- Relax — Do not be afraid to make a mistake
- Treat adults as adults; they are people first
- Do not make assumptions about what they can and can't do
- Do not assume they experience their disability the same way you do or would
- Offer assistance, and if accepted, follow the lead of the individual
- Address the individual, not their companion or interpreter
- Do not distract service animals



To ask a question about
disability etiquette:

<https://www.transcen.org/1085>

Ask your questions in the
comments section of the webpage.

Thank you!

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Disability Sensitivity Training Video

<https://www.youtube.com/watch?v=Gv1aDEFIXq8&t=4s>